



# Finglas Family Support, Mental Health Survey / Recommendations



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Bhaile Átha Cliath  
Dublin City Council

# Background to survey

The Dublin Northwest Area JPC requested the following themes be researched...

- CCTV.
- Youth facilities and services.
- Family mental health supports.



# Organisations who completed the survey

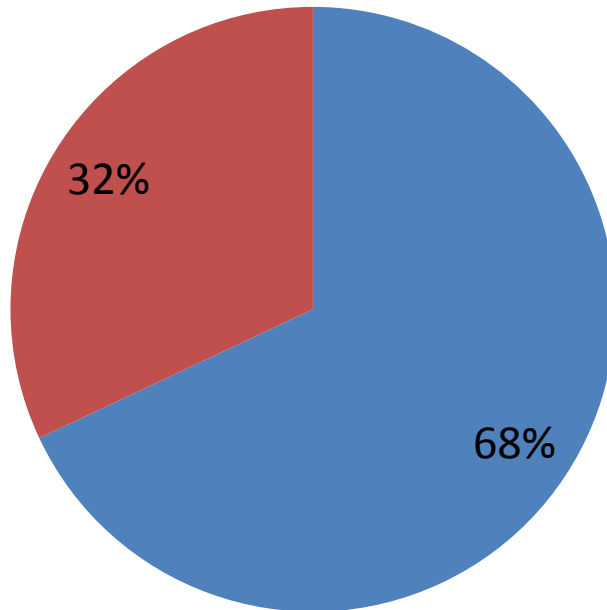
- 27 services completed the survey through survey monkey.

These organisations included:

- Family support agencies / networks.
- Local authority
- The education sector
- Community groups
- Youth organisations
- Local partnership
- HSE
- Sports organisations
- Disability interest groups
- Housing organisations
- TULSA
- Local Safety Forum



## Organisations / groups engaged in outreach



- engaged in outreach
- not engaged in outreach



# Respondents reported that they receive referrals from.....

- Department of Social Protection
- TUSLA
- Local Schools
- GP's
- Clinics
- Gardaí
- Hospitals
- Mental Health Ireland
- Dublin City Council
- Community Organisations
- Self Referral
- Down Syndrome Ireland
- Vincent de Paul
- PHN's
- Local Partnership
- Probation Service
- Family member
- Barnardos
- Primary care team
- Crèche
- Solas
- Residential
- CRC
- HSE
- Housing Associations
- Youth Services



## **Respondents to the survey reported that they refer & collaborate with the following:**

- TULSA
- Local clinics
- G.P.'s
- Hospitals
- Residential Services
- Pieta House
- Northwest Area Partnership
- 1in4
- FAST
- Barnardos
- CAHM's
- School Completion
- National Educational Psychological Services
- Local training & education providers
- Department of Social Protection
- Education Welfare Service
- Primary Care
- Solas
- Local Crèches
- HSE
- CDETB
- Community organisations
- Counseling in Primary Care
- Adult mental Health services
- Sports organisations
- Local mental health teams
- PHN
- Social Work
- Counseling services
- SPC



# How the public access respondents service:

- Social / Community professional referrals.
- Self referrals.
- Medical referrals.
- School referrals.
- Adult mental health services.
- Counselling in Primary Care.
- HSE.



# Changes facing service providers 2013-2016:

- Clients “more chaotic”.
- Problematic health issues.
- Increased number of students with mental health and addiction issues.
- Increase in the number of homeless families.
- More children presenting with emotional and behavioural disorders.
- Increase in long term unemployed.
- Increase in the need to take on a second sibling for support.
- Increase of instances of domestic violence.





# Changes to services since 2013:

- Loss of staff due to lack of funding.
- Change of work practices.
- Reduction of hours.
- Increase in collaboration with external agencies.
- Groups have had to extend time that the client is using the service.
- Introduction of a hub style service linking into services and increased focus on providing information and advice i.e. preventative support.



# Needs of client group not being addressed / gaps in services.

- Limited outreach
- Addiction issues
- Mental health issues
- Housing issues
- Lack of additional support
- Lack of therapeutic interventions
- Long waiting lists.
- Lack of rapid access to counselling
- Limited mental health support
- Lack of local community integration
- Limited assessment
- Lack of legal support
- Inadequate resources & funding.



## What groups report they would like to see in the future:

- For their service to include the whole family unit.
- For mental health services to integrate with addiction services.
- For their service to link in with mental health services.
- They would like a local service to refer too for youth mental health and addiction.
- Have a referral service for adults with mental health difficulties.
- Run a course / workshop for parents with mental health difficulties / a workshop on how parents can be aware of their own children's mental health.
- Additional funding to provide more therapeutic interventions in school.
- Expansion for some groups to become full time.
- Increased in general funding.
- Additional resources.
- An integrated plan for the area.
- Mental Health supports with a whole family approach.
- Advocate for a specific mental health minister.
- Increase partnership in and involvement with the community at all levels.
- To develop the service to be able to meet the demands, to become more client centred focussed.



## Recommendations from survey respondents:

- Address gaps in services for groups of moderate risk including outreach services.
- Address gaps in support for certain age groups for particular kinds of unmet needs.
- A greater cooperation with state services required.
- A campaign for positive mental health.
- Address gaps in services for groups of moderate risk including prevention, early intervention services.
- A coordinated approach for mental health in the local area.

